

Sexual Abuse & Assault Support Resources

At Phoong Law, we understand that the journey to healing from sexual abuse or assault is deeply personal and challenging. Our mission is not only to represent survivors in civil claims, but also to connect them with compassionate, trustworthy, and confidential resources throughout California and Nevada. This page offers support options, legal tools, counseling services, and advocacy organizations to guide you through recovery and justice.

Crisis Support & Hotlines

- National Sexual Assault Hotline (RAINN)
800-656-HOPE (4673) | rainn.org
24/7 free, confidential support for survivors of sexual assault.
- California Coalition Against Sexual Assault (CALCASA)
valor.us
Statewide leadership in supporting local rape crisis centers across California.
- My Sister's House (Sacramento)
<https://www.my-sisters-house.org>
Provides culturally responsive services including shelter, counseling, and legal support for survivors of domestic violence, sexual assault, and human trafficking—especially in the Asian and Pacific Islander community.
- Nevada Coalition to End Domestic and Sexual Violence
ncedsv.org
Resources and training to support victims and providers in Nevada.
- StrongHearts Native Helpline
strongheartshelpline.org
844-762-8483 | Culturally appropriate support for Native American communities.

Counseling & Mental Health Services

- WEAVE – Sacramento, CA
weaveinc.org/services-counseling
Trauma-informed counseling, support groups, and legal advocacy.
- The Rape Crisis Center – Las Vegas, NV
rcclv.org
Crisis support and survivor therapy in Southern Nevada.
- Center for Community Solutions – San Diego, CA
ccssd.org
Counseling, advocacy, and shelter services for survivors.
- CORA – San Mateo County, CA
corasupport.org
Bilingual trauma recovery services and legal advocacy.

Legal & Victim Services

- Phoong Law's Survivor Legal Tools:
 - [Statute of Limitations Calculator for Sexual Abuse Claims](#)
 - [Civil Sexual Abuse Settlement Estimator](#)
 - [Document Checklist for Civil Lawsuits \(with PDF\)](#)
 - [Request a Free Legal Consultation](#)

- California Victim Compensation Board (CalVCB)
victims.ca.gov
Financial help for victims: medical, therapy, relocation, and more.
- Nevada Victims of Crime Program (VOCP)
voc.nv.gov
Compensation for medical expenses, counseling, lost wages, and funerals.

Survivor Support Groups & Advocacy

- SNAP (Survivors Network of those Abused by Priests)
snapnetwork.org
Peer-led support and advocacy for survivors of institutional abuse.
- Take Back the Night Foundation
takebackthenight.org
Survivor stories, events, and healing communities.
- RAINN Online Support Groups
<https://rainn.org>
Anonymous, moderated online groups for survivors.

Know Your Rights

- Civil vs. Criminal Process Overview:
The criminal process is led by the state to punish the offender, while the civil process is initiated by the survivor to seek financial compensation. You can file a civil claim even if no charges were filed or the criminal case failed.
- [California & Nevada Statutes of Limitations](#)
- When to File a Civil Claim? Each state has unique deadlines called statutes of limitations. For sexual abuse cases:
 - California allows adult survivors 10 years from the last abuse or 3 years from the discovery of harm. For childhood abuse, it's until age 40 or 5 years from discovery.
 - Nevada allows 2 to 10 years depending on the specifics, with extended time for child victims or delayed discovery.
- [How to Document Your Case](#)

Need Help? Contact Us

Phoong Law proudly serves survivors throughout California and Nevada, including Sacramento, San Francisco, Los Angeles, Fresno, Stockton, and Las Vegas. Our legal team is experienced in civil sexual abuse litigation and offers confidential consultations.

855-GOT-PAIN

<https://phoonglaw.com>

Disclaimer: This resource guide is provided for informational purposes only and does not constitute legal advice. While it is designed to help survivors of sexual abuse and assault in California and Nevada gather relevant documentation for a potential civil claim, every case is unique. This guide does not guarantee any legal outcome. Survivors are strongly encouraged to consult with a qualified attorney to understand their legal rights, options, and the best course of action for their specific situation.